

Mental Health Counseling and Provider Services:

Michael Abruzzese, Ph.D.

153 Lovells Lane, Marstons Mills, MA 02648

508-455-5134

Accepts BCBS, Tufts, Value Options: Sliding Scale Holistic; Works with, School issues, Divorce and Custody, Play Therapy, CBT, EMDR, Hypnosis, Anger, Autism Spectrum, Depression, Families, Grief, ODD, Self-Esteem, Trauma, PTSD, Video game addiction, Neuropsychological Assessments

Mary Acunzo, Ph.D.

275 Mill Way, Barnstable, 02630

508-888-6869

www.capecodneuropsychology.com

Accepts Blue Cross PPO; Serves children ages one and up for Neuropsychological and Psychoeducational Testing and Counseling: CBT. ADHD, Autism Spectrum Disorders, developmental learning disabilities, anxiety, mood disorders, and more.

Pamela Alexander, M.Ed., M.S.W., L.I.C.S.W.

133 Falmouth Road, Bldg1, Suite F, Mashpee, MA 02649

508-477-7499

Accepts Mass Health and Private Insurance; Serves children ages three and up for Counseling: Play/Art/Sand Therapy, CBT, Psycho-therapy. Specializes in the treatment of anxiety, depression, ADHD, adjustment problems (including divorce), and family issues.

Allied Health Providers:

Geoffrey Cohen, Ph.D.

Paul Goldring, Ph.D.

Carl Freeman Gustafson, Psy.D.

Paul Lupac, Ph.D.

John MchHale

Gary Pace, Ph.D.

1074 Old King's Highway, West Barnstable, MA 02668

508-362-1180

Accepts Mass Health and Private Insurance; Serves children aged two months and up for Neuropsychological, Psychiatric, and Psychoeducational Testing. Provides CBT. Dr. Goldring also specializes in neurofeedback treatment for ADHD, sleep disorders, anxiety, and Tourette's.

Aspire Health Alliance:

215 Sandwich Road, Wareham, MA 02571

508-295-3600

www.ssmh.org

Accepts Mass Health, Sliding Scale, and Private Insurance; Serves children ages three and up. Counseling, Neuropsychological Assessment, Medication Prescription and Management. They have child and family therapists that understand the unique problems that confront children ages three to nineteen. Including: behavioral problems, family conflict, school adjustment difficulties, attention deficit disorder, divorce and separation, depression, pervasive developmental disorders, and grieving/loss. They work closely with teachers, guidance counselors, physicians, and special needs directors.

Joanne Audyatis, L.M.H.C.

221 Mill Road, E Sandwich, MA 02537

774-234-7975

Accepts BCBS, Private Insurance, Tricare, United, Value Options, Aetna, Cigna, Harvard Pilgrim, Horizon, Magellan, PacifiCare, Tufts, and UniCare; Works with, CBT, Families, Adoption, Grief, Anxiety, Phobias, Trauma, PTSD - Currently only works with Couples.

Lisa Balboni-Farhadi, L.I.C.S.W.

2 Oak Street, Suite 205, Mashpee, MA, 02649

508-658-9228

Accepts most private insurances. Provides individual counseling for Adults; specializes in Addiction, Depression, and Anxiety; focuses on CBT, Emotionally Focused Therapy, Mindfully-Based Cognitive Therapy (MBCT), and Solution Focused Brief Therapy (SFBT).

Monica Bang-Campbell, L.I.C.S.W.

Main Street, Falmouth, MA, 02540

774-766-4011

Accepts Beacon, Tufts, Blue Cross, and Medicare; able to accept out-of-network insurance. Provides individual counseling for Adults; works with Trauma, PTSD, Spirituality, Coping Skills, CBT, EMDR, and MBCT.

Gordon Barney, L.M.H.C.

180 Bracket Road, Eastham, MA 02642

508-455-5029

Accepts Aetna, Magellan, BCBS, Tufts, and Value Options; Works with, Relationships, Trauma, ADHD, Substance Abuse, Anxiety, Grief, CBT, EMDR.

Barnstable Center for Mental Health:

Tim Clark, L.I.C.S.W.

Paul Berry, L.I.C.S.W.

Sandra Orenstein, L.I.C.S.W.

Ann Solomon-Schwartz, L.M.F.T.

1025 W Main Street, West Barnstable, MA 02668

508-362-4141

1170 Main Street, West Barnstable, MA 02668

508-737-2701

Accepts Private Insurance; Works with, ADD/ADHD, Addiction, Adoption, Anxiety, Phobias, Asperger's & Autism, Behavior Difficulties, Communication Disorders, Depression & Bipolar, Divorce & Blended Families, Cognitive, Psychological, Neurological Testing, Eating Disorders, General Counseling, Grief & Loss, Learning Disabilities, Parent Support, Referral Services, and Victims of Abuse or Violence.

Ruthanne Barr, L.I.C.S.W.

275 Millway, Barnstable, MA 02630

508-232-4582

Deals with school issues, Medical issues, Depression, Substance Abuse, OCD, ADHD, Self-Esteem, Self-Harm, Coping Skills, CBT, EMDR, Dream Work, MBCT, SFBT

Behavioral Psychiatric and Psychological Services

275 Millway, Barnstable, MA 02630

508-362-6868

Accepts Sliding Scale and Private Insurance; Serves children ages ten and up for Counseling and Medication Prescription and Management. They work with older children who struggle with school issues, substance abuse and family problems.

Natalie Belkin, M.D.

68 Tupper Road, Suite 8, Sandwich, MA 02563

781-258-9785

Private Pay; Provides, Psychiatric Evaluations and Medication Prescription and Management and Psychotherapy.

Susan Botello, M.S.W., L.I.C.S.W.

1025 W Main St, Barnstable, MA 02655

508-420-0900

Accepts Private Insurance; Works with, Addiction, Adoption, Anxiety, Behavior Difficulties, Depression, Divorce & Blended Families, Eating Disorders, General Counseling, Grief, Parent Support, and Victims of Abuse or Violence.

Maj Brown, L.I.C.S.W.

3179 Main Street, Barnstable, MA 02630

508-237-7564

Accepts Private Insurance and Sliding Scale; Serves children ages eight and up for Counseling: CBT and Psychotherapy. Specializes in adolescent and family based issues with significant experience in addressing school-related concerns and issues. Also works with perinatal loss and maternal depression.

Janis Byers, L.I.C.S.W.

116 MA Route 6A, Sandwich, MA 02563

508-888-5157

Accepts Medicare; Provides individual counseling.

Jean Calvert, L.I.C.S.W.

83 Handy Road, Pocasset, MA 02559

508-524-1252

Accepts BMC, NHP, and Private Insurance; Works with, Abuse, Addictions, ADHD, Anger, Anxiety, Grief, Borderline Personality, Opposition, Chronic Pain, CBT, Depression, Domestic Violence, Families, Depression, Mood Disorders, Personality Disorders, Psychosis, PTSD, School issues, and LGBT.

Joan Cancilla, M.Ed.

35A Brittany's Way, Suite 3, Eastham, MA 02642
617-791-3139

Accepts Network, BCBS, Harvard Pilgrim, and Private Insurance; Works with, CBT, Phobias, DCF custody, PTSD, Sexual Abuse, and Trauma.

Cape Behavioral Health Center

(a division of Northeast Health Services)

Karen Penta, Director

310 Barnstable Road, Suite 201, Hyannis, MA 02601
508-862-0514

134 Ansell Hallet Rd., West Yarmouth, MA, 02673
774-470-2294

Accepts Mass Health, Private Insurance, Works with Behaviors, Family conflict, School adjustment, ADHD, Divorce and Separation, Depression, Autism Spectrum, and Grief.

Cape Cod Center for Trauma Resolution:**Robert Anzola, L.I.C.S.W.**

404 Main Street, Centerville, MA 02632
774-274-6386

Accepts BMC, NHP, and Private Insurance; Abuse; Works with, Dual Diagnosis, Depression, Families, Personality Disorders, PTSD

Cape Cod Neighborhood Support Center

56 Barnstable Road, Hyannis, MA 02601
888-992-2672

ccnsc@capecoalition.com
www.capecoalition.com

Provides referrals for a variety of community services for parents and families; focuses on resources promoting community-based family support, parent support, parent education, quality child care, positive youth development, and violence prevention.

Centers for Behavioral Health Outpatient Services

(a division of Cape Cod Health Care)

460 West Main Street, Hyannis, MA 02601
508-790-3360

www.capecodhealth.org

Accepts Private Insurance, Magellan, Medicaid, PHCS, and Tufts; Works with, Anxiety, Depression, Behaviors, Adolescents, Families, Anger, Chronic Pain, Obesity, Sleep Difficulties, Grief, Narcissistic, Personality, OCD, Self-Esteem, Trauma, CBT. Provides counseling and psychiatry.

Byron Cargil, Ph.D.

218 West Main Street, Hyannis, MA 02601
508-778-9190

Accepts Private Insurance and Mass Health; Serves children ages six and up for Counseling: CBT. Specializes in the treatment of anxiety disorders and depression. Also treats behavioral problems, as well as adolescents, couples, and include family members in treatment.

Center for Family Therapy:

Kathy Smith-Brown, L.M.H.C., L.M.F.T.

Carol Sattler, L.M.H.C.

Eva Macaluso, L.M.H.C.

Sheila Scott-Gordon, L.I.C.S.W.

Donna-Lee McMullen, L.I.C.S.W.

2 Oak Street, Mashpee, MA 02649

508-539-0221

www.centerforfamilytherapy.net

Accepts Private Insurance and Sliding Scale; Serves children ages five and up for Counseling: Play/Art/Sand Therapy, CBT, Dialectical Behavioral Therapy, Psychotherapy, and EMDR. Offer a range of therapy including individual, couples, family, and groups, where problems and symptoms are identified, addressed, and improved. There are seven partners with experience treating depression, anxiety, panic disorder, social phobia, OCD, PTSD, grief, bi-polar disorder, eating disorders, sexual abuse, relationship issues, divorce, body dysmorphic disorder, self-injurious behaviors, and sleep difficulties.

Child and Family Services of Cape Cod:

Kristen Davies and 20 other providers

100 Independence Dr, Hyannis, MA 02601

466 Route 28, Harwich Port, MA 02646

508-778-1839

www.child-familyservices.org

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children ages three and up for Counseling: Play/Art/Sand Therapy, CBT, Dialectical Behavioral Therapy, Psychotherapy, and Medication Prescription and Management. Provide agency-based psychiatric services, therapeutic services in the home, school or agency specializing in the treatment of children who are victims of sexual or physical abuse, ADHD, Bi-Polar Disorder, and substance abuse issues. Also provide services around Bullying, Grandparents as Parents, Gender issues, Eating Disorders, and Life Skills.

Karen Clow, L.M.H.C.

22 Bates Road, Suite 276, Mashpee, MA 02649

508-247-0129

Accepts BMC, NHP, BCBS, & Private Insurance; Works with, Anxiety, Depression, Opposition, CBT.

Common Ground Counseling and Personal Growth Center:

2 Oak St, Suite 205, Mashpee, MA 02649

508-477-3600

www.commongroundcounseling.com

Accepts Mass Health, Network, Private Insurance, and Sliding Scale; Works with, Play/Art/Sand Therapy, CBT, Psychotherapy, ADHD, Anxiety, Substance Abuse, Transitions, Social Skills, Grief, and parenting.

Jacqueline Corso, M.S.

*Yarmouthport Area, MA 02675**

508-362-4435

www.corsoyogatherapy.com

Accepts Private Insurance and Sliding Scale; Serves children ages four and up for Counseling: Psychotherapy and Yoga Therapy. Utilizes mind-body techniques. Specializes in Anxiety, Sleep, Grief, Transitions, and Living with addiction/compulsive behaviors.

** Offers home-based services on occasion.*

Wendy Crocker, L.I.C.S.W.

(through Cape Cod Counseling Associates)

86 Route 149, Suite 92, Marstons Mills, MA 02648

508-428-1811

Accepts Private Insurance and Mass Health; Serves children ages four and up for Counseling: Play/Art/Sand Therapy, CBT, and Psychotherapy.

Susan Coutinho, L.I.C.S.W.

2 Oak Street, Suite 205, Mashpee, MA, 02649

774-238-8121

Works with adolescents.

Julie Cusack, L.M.H.C.

411 Route 6A, Suite 3, Yarmouthport, MA 02675

774-722-0361

jcusacklmhc@gmail.com

Accepts BCBS and Network; Works with, Dual-Diagnosis, Eating Disorders, Fire-setting, Disabilities, PTSD, Sexual Abuse, Trauma, Sexual Offenders, and Autism Spectrum.

Jack Darbyshire, Ph.D.

30 Higgins Crowell Road, West Yarmouth, MA 02673

11 Blueberry Lane, Orleans, MA 02653

508-237-9960

23-25 Baystate Court, Brewster, MA 02631

508-778-8580 x213

Accepts Network, BMC, NHP, and Private Insurance; Works with, Anger, Anxiety, ADHD, Autism Spectrum, Behaviors, CBT, Depression, Dual-Diagnosis, Eating Disorders, GLBT, Gender Identity, Geriatric, HIV/AIDS, Families, Medical Illness, OCD, Disabilities, Phobia, Play Therapy, PTSD, Postpartum Depression, Psychosis, Pregnancy, Sexual Abuse, Sleep Disorders, Sexual Offenders, Substance Abuse, and Trauma.

Freda Diamond, L.M.F.T.

65B Town Hall Square, Falmouth, MA 02540
774-487-7499

Accepts Aetna, Tufts, BCBS, Managed Care Network, and Tricare; Works with, Trauma, PTSD, Relationships, Anxiety, Addiction, Anger, Behaviors, Depression, Domestic Abuse, Eating Disorders, Families, OCD, Self-Esteem, ADHD, Borderline Personality, Coping Skills, Dual-Diagnosis, Grief, and Sexual Abuse.

* Currently not accepting new clients as of 10/04/19

Marie Doubleday, L.M.H.C.

354 Gifford Street, Suite 4, Falmouth, MA 02540
508-208-6070

Accepts Network, BMC, NHP, Harvard Pilgrim, and Private Insurance; Works with, Abuse, Anger, Anxiety, CBT, Relationships, Depression, Dual-Diagnosis, Mood Disorders, and PTSD.

Joe Dowick, L.I.C.S.W.

2 Oak St, Suite 205, Mashpee, MA 02649
508-477-3600
www.joedowick.com

Accepts Private Pay, Private Insurance, and Mass Health; Serves children ages ten and up for Counseling and Psychotherapy. Specializes in treatment of children and adolescents with ADHD, Anxiety, Depression, Family Transitions, and Substance Abuse Issues.

March DuPont, L.I.C.S.W.

14 Ship's Lantern Drive, Mashpee, MA 02649
508-477-3411

Accepts BMC, NHP, and Private Insurance; Works with, Abuse, Anxiety, Relationships, DBT, Depression, Domestic Violence, OCD, and Personality Disorders.

Early Childhood Consultation for Parents:**Kelly Rodriguez, M.S.W., L.C.S.W., C.C.L.S.**

18 Main St. Extension, Suite 201B, Plymouth, MA 02360
774-578-2856

www.earlychildhoodconsult.com

Private pay only.

Molly Eldridge, L.I.C.S.W.

8 Granite State Court, Brewster, MA 02631
508-240-5530

Accepts BMC, NHP, and Private Insurance; Works with, ADHD, Adoption, Anger, Anxiety, Grief, Borderline Personality, CBT, Relationships, Depression, EMDR, LGBT, Mood Disorders, Personality Disorders, and PTSD.

Early Childhood Training and Consultation

(a division of JRI)

Stacey L. Gay, Program Director

35 Summer Street, Suite 202, Taunton, MA 02780

508-828-1308 Ext 2630

sgay@jri.org

Early Childhood Training and Consultation is composed of a multi-disciplinary team of early childhood, mental health, education and special education professionals who partner with childcare programs and families to support the healthy development of young children. ECTC professionals provide training and consultation to childcare programs, providers and families with children ages birth through 14 years.

Enlightened Interventions, L.L.C

800 Falmouth Road, Suite 303-C, Mashpee, MA, 02649

508-317-2323

www.enlightenedinterventionsllc.org

Accepts Blue Cross, Harvard Pilgrim, United Behavioral Health, Tufts Commercial, Tufts Direct (MassHealth), MBHP (MassHealth), Always Health Partners, and Steward Healthcare insurance plans; provides counseling services for children, adults, adolescents, and families; focuses on working with holistic interventions focusing on caring for the mind, body, and spirit.

Deb Ennis, L.M.H.C.

165 Route 6A, Orleans, MA 02653

508-432-3383

info@healingtherapiescapecod.com

https://www.healingtherapiescapecod.com/

Accepts Beacon, BCBS, BMC, NHP, Celticare, Cigna, Coventry, Harvard Pilgrim, Network, Pacificare, Tricare, and Tufts; Works with, Anger, Anxiety, Social Skills, Mindfulness, Substance Abuse, Families, and LGBT.

Robert Ericson Jr., M.S.W., L.C.S.W.

900 Route 134, South Dennis, MA 02660

508-385-3340

Focusses on marriage and family counseling.

Aimee T. Facchini, L.I.C.S.W.

3179 Main Street, Barnstable MA 02630

508-360-8578

Accepts Private Insurance and Sliding Scale; Serves children ages five and up Counseling: Play/Art/Sand Therapy, CBT, Dialectical Behavioral Therapy (Children Specific) and Psychotherapy. Specializes in supporting children through crisis intervention, family therapy, depression, anxiety, eating disorders, life transitions, loss, divorce and mediation.

Fairwinds - Nantucket's Counseling Center:

"Recovery and Renewal For Nantucket"

20 Vesper Lane

Nantucket, MA 02554

tel: 508-228-2689 | fax: 508-228-3613

www.fairwindscenter.org

Offers a variety of services for Children, Adults, and Adolescents; offers Individual Counseling, Addiction Services, Family Therapy, Couples Counseling, In-Home Therapy, Youth Mentoring, and Testing Services.

Family Continuity Program

29 Bassett Lane, Hyannis, MA 02601

508-862-0600

www.familycontinuity.org

Accepts MassHealth; Serves children of all ages for Counseling and Parent Support. Provide in-home and outpatient therapy and psychiatry, therapeutic mentoring as well as family support training and behavioral management therapy, and monitoring for children.

Family Resource Center

123 Waterhouse Road, Bourne, MA 02532

210 Jones Road, Suite 22, Falmouth, MA 02540

107 Commercial Street, Mashpee, MA 02649

1185B Falmouth Road, Centerville, MA, 02632

508-759-7971

www.chcofcapecod.org

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children from school-age and up for Counseling, Psychiatric Assessment, and Medication Prescription and Management.

Robert Fournier, Ph.D.

901 Main Street, Osterville, MA 02655

508-477-1676

Private Pay; Serves children of all ages for Counseling: CBT and Psychotherapy. Specializes in areas of Anxiety, Depression, Trauma, Risk for Suicide, Bereavement, and Relationship Problems.

Kenneth Freedman, L.I.C.S.W.

41 Popple Bottom Road, Sandwich, MA 02563

508-213-8042

Accepts BCBS; Works with, Eating Disorders, Relationships, Anxiety, Divorce, Trauma, PTSD, ADHD, Depression, and Grief.

Adam D. Friedman, L.M.H.C.

243 Main Street, Bourne, MA 02532

774-836-3738

*adamdfriedman@counselingmail.com**

Accepts, Private Insurance, Mass Health, and Sliding Scale; Serves children ages four and up for Counseling: CBT and Behavioral Modification. Specializes in providing individual and family counseling to children and adolescents, especially boys aged 8-18 who are ambivalent about being in counseling. Issues may include Poor Academic and Social Functioning, Oppositional Behaviors, Anger, Depression, Mood Lability, Irritability, Anxiety, Loss, Trauma, and ADHD.

** Please email to receive and complete a web-based screening tool for new clients.*

Joanne Gaffney, RN, L.I.C.S.W.

(works with John Livingstone, MD)

522 Commercial Street, Provincetown, MA 02657

508-487-0455

Accepts Private Insurance; Works with Individuals and Parenting.

Diane Gavoni, M.S.W.

46 Chipman Road, Sandwich, MA 02563

508-648-0366

Accepts Sliding Scale; Serves children ages three and up for Counseling: Play/Art/Sand Therapy, CBT, and Psychotherapy.

Jerry Breshin, L.I.C.S.W.

316 Gifford Street, Unit 1, Falmouth, MA, 02540

508-776-7764

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children ages four and up for Counseling: Play/Art/Sand Therapy, CBT, and Psychotherapy. Specializes in working with adolescents struggling with Dual-Diagnoses ranging from Mood Disorders, Bi-Polar, Anxiety, Autism Spectrum Disorders, Addiction and its impact on families, Eating Disorders, and PTSD.

Carole Goward, L.M.H.C.

13 Deepwater Lane, Chatham, MA 02659

508-246-5133

Accepts BCBS, Cigna, Tricare, Cenpatico, Key Benefits, and Tufts; Works with, Substance Abuse, Anxiety, Trauma, Depression, Life Transitions, Families, and EMDR.

Elizabeth Griffin, L.M.H.C.

320 Gifford Street, Suite 2, Falmouth, MA 02540

508-540-2353

Accepts BMC, NHP, and Private Insurance; Works with, ADHD, Anxiety, CBT, Depression, Learning Disabilities, Mood Disorders, Families, and OCD.

Gosnold Outpatient Services:

1185 Falmouth Road, Centerville, MA 02632

508-862-9929

Accepts Harvard Pilgrim; Works with, Addictions, Anxiety, Opposition, Anger, Depression, Social Skills, Coping Skills, Self-Esteem, and Mood Disorders.

Kimberly Hanna, L.I.C.S.W., L.A.D.C.-1

11 Cape Drive, Suite 13, Mashpee, MA 02649

617-347-5298

Accepts BCBS, Cape Cod Healthcare, Cigna, Harvard Pilgrim, Medicare, Tufts, and United; Works with, Addiction, Chronic Pain, Anxiety, Depression, Internet Addiction, Grief, OCD, Relationships, Anger, Behaviors, Impulsivity, Coping Skills, Divorce, Dual-Diagnosis, Self-Esteem, Trauma, PTSD, Bi-Polar Disorder, Mood Disorders, and LGBT.

Elaine Hayes, L.I.C.S.W.

23-25 Baystate Court, Brewster, MA 02631 or 166 Depot Road, Chatham, MA 02633

Phone: 508-928-5009

Accepts Aetna, BCBS, Harvard Pilgrim, Pacificare, United, Beacon, BMC, NHP, Medicare, and Tufts; Works with, Grief, Depression, Relationships, ADHD, and LGBT.

Angela Nash-Hennemuth, L.I.C.S.W.

227 Run Hill Road, Brewster, MA 02631

774-212-2550

Accepts Aetna, BCBS, Medicare, Tricare, United, Beacon, BMC, NHP, Medicaid, and Tufts; Works with, Self-Esteem, Learning Disabilities, Relationships, Academic Issues, Anxiety, ADHD, Coping Skills, Divorce, OCD, Anger, Autism Spectrum, Depression, Domestic Violence, Families, Sexual Abuse, Substance Abuse, and CBT.

Walter Hildner, L.I.C.S.W.

8 Granite State Court, Brewster, MA 02631

508-255-3160

Accepts Aetna, Harvard Pilgrim, Value Options, BCBS, and United; Works with, Trauma, PTSD, Depression, Addiction, Anger, Chronic Pain, OCD, Domestic Violence, Relationships, Anxiety, Divorce, Grief, Sex Addiction, Substance Abuse, Dissociative Disorders, Personality Disorders, and LGBT.

James Hyde, L.M.H.C.

(through Cape Behavioral Health Center)

310 Barnstable Road, Suite 201, Hyannis, MA 02601

508-862-0514

Accepts BMC, NHP, Harvard Pilgrim, and Private Insurance; Works with, ADHD, Anxiety, Depression, CBT, OCD, and PTSD.

Soundings Counseling Center:**Katie Jacobus, L.I.C.S.W.****Sandra Sawyer, L.I.C.S.W.***1070 Route 134, South Dennis, MA 02641*

508-385-7474

Accepts BMC, NHP, and Private Insurance; Works with, Anxiety, CBT, Relationships, Depression, Families, Mood Disorders, and PTSD.

Lauren Jones, L.I.C.S.W.*45 S Orleans Road, Orleans, MA 02653*

508-255-4293

Accepts Network, BMC, NHP, BCBS, and Private Insurance; Works with, CBT, Eating Disorders, Families, Anger, Anxiety, Disabilities, and Trauma.

Robert Jones, L.I.C.S.W.*45 S Orleans Road, Orleans, MA 02653*

508-255-4293

Accepts Network, Beacon, and Private Insurance; Works with, Anxiety, Anger, Adolescents, and Families.

Heidi Kirwan, L.I.C.S.W.*77 Finlay Road, Orleans, MA 02653*

508-737-3302

Accepts BCBS, Harvard Pilgrim, United, Tricare, Sliding Scale, Cigna, and Medicaid; Works with, Reactive Attachment, ADHD, Anxiety, Anger, Depression, Social Skills, PTSD, Opposition, Families, Play Therapy, Transitional Aged Youth, Trauma, Adoption, Behaviors, Impulsivity, Divorce, Learning Disabilities, Developmental Disabilities, Relationships, Self-Esteem, Teen Violence, Coping Skills, Domestic Abuse, Sexual Abuse, Suicidal Ideation, Bi-Polar Disorder, Mood Disorders, and Thinking Disorders.

Spalding Cape Cod Support Center:**Wayne Klein, Ph.D.***RHCI for Children-**280D Route 130, Forestdale, MA 02644*

508-833-4166

www.rhci.org

Accepts Private Insurance and MassHealth; Serves children ages five and up for Neuropsychological Assessment.

Justine Lambroshino, L.I.C.S.W.*51 Gifford Street, Falmouth, MA 02540*

508-317-5243

Accepts BMC, NHP, and Private Insurance; Works with, Addictions, Anxiety, Grief, Opposition, Depression, Families, and Mood Disorders.

Tracy Lamperti, L.M.H.C.*1069 Main Street, Brewster, MA 02631*

774-722-5919

www.tracylamperti.com

Accepts Network, BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, CBT, Eating Disorders, Fire-setting, Phobias, PTSD, Sexual Abuse, Substance Abuse, and Trauma.

Falmouth Family Counseling:

Diane Litton, L.M.H.C.

65B Town Hall Square, Falmouth, MA 02540

508-548-2947

Accepts BMC, NHP, and Private Insurance; Works with, Adoption, Anxiety, CBT, Relationships, Depression, Mood Disorders, and PTSD.

John Livingstone, MD

522 Commercial Street, Provincetown, MA 02657

508-487-0455

Accepts Private Insurance; Serves children ages three months to sixteen years for Psychiatric Evaluation, Medication Prescription and Management, and Counseling: Play/Art/Sand Therapy, CBT, Psychotherapy, and EMDR.

Cheryl Lyford, L.M.H.C.

411 Main Street, Yarmouthport, MA 02675

508-915-9013

Accepts Harvard Pilgrim; Works with, Trauma, PTSD, Coping Skills, Divorce, Families, Self-Esteem, Depression, Domestic Violence, Relationships, Self-Harm, CBT, and EMDR.

Gary Mackoul, L.M.H.C.

947 Route 6A, Suite 7, Yarmouthport, MA 02675

508-375-0155

Accepts BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, ADHD, Anger, Anxiety, Grief, Opposition, CBT, Families, and PTSD.

Charles Madansky, L.M.H.C.

196 Na Ke Rafe Path, Brewster, MA 02631

508-896-9489

Accepts BCBS; Works with, Adjustment, Anxiety, Opposition, Personality Disorders, Addictions, Relationships, Families, AIDS/HIV, LGBT, Abuse, PTSD, and Trauma.

** Currently not taking new clients at this time.*

Beth Manhardt, L.I.C.S.W.

11 Cape Drive, Mashpee, MA 02649

508-477-7726

Accepts BMC, NHP, and Private Insurance; Works with, ADHD, Anger, Anxiety, Autism Spectrum, Grief, Opposition, Abuse, Relationships, Depression, Domestic Violence, Dual-Diagnosis, Eating Disorders, Families, Mood Disorders, OCD, Personality Disorders, Psychosis, PTSD, and School Issues.

Martha's Vineyard Community Services

Island Counseling Center

111 Edgartown Road

Vineyard Haven, MA 02568

508-693-7900, ext. 290

Crisis hotline 508-693-0032

Accepts insurance.

Barbara Maurer, L.M.F.T.

901 Main Street, Osterville, MA 02655

508-428-5849

Accepts Private Insurance and Sliding Scale; Serves children ages six and up for Counseling: CBT and Family Therapy. Specializes in Behavioral Parenting Skills, Family Conflicts, Communication Problems, and Post-Divorce Blended Families - Currently only works with Couples.

Katherine McHugh, L.M.H.C.

106 Althea Road, North Falmouth, MA 02556

508-540-8833

Accepts BMC, NHP, BCBS, and Private Insurance; Works with, Addictions, Anxiety, CBT, Depression, EMDR, Mood Disorders, and PTSD.

Gerald Mckenna, L.M.H.C.

109 Upper County Road, South Dennis, MA 02660

508-314-2983

Accepts Aetna, Behavioral Health Systems, BCBS, Cigna, First Choice, Harvard Pilgrim, Health Net, Magellan, Tufts, Value Options, and WellPoint; Works with, Depression, Behaviors, Addictions, Academic Issues, Anger, Anxiety, ADHD, Divorce, Domestic Violence, Dual-Diagnosis, OCD, Relationships, Self-Harm, Sex Addiction, Trauma, PTSD, Antisocial Personality, Autism Spectrum, Chronic Pain, Coping Skills, Families, Internet Addiction, Opposition, Grief, Self-Esteem, Sexual Abuse, Teen Violence, Mood Disorders, LGBT, CBT, and EMDR.

** Currently not in practice as of 10/4/19; Plans on resuming practice before the end of the year.*

Kathleen Michaud, L.M.H.C.

915 Route 28, Harwich, MA 02645

508-505-0630

Accepts BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, ADHD, Anxiety, ABA, Grief, CBT, Depression, Developmental Disabilities, Mood Disorders, OCD, and PTSD.

Kathy Mohler-Faria, L.I.C.S.W.

184 A Jones Road, Falmouth, MA 02540

508-681-5201

Accepts BCBS, Celticare, Cenpatico, GIC, Harvard Pilgrim, Health Net, Medicare, Tricare, Tufts, and United; Works with, Trauma, PTSD, Grief, Depression, Anxiety, Self-Esteem, Relationships, Sexual Abuse, Anger, Families, and OCD.

Barnstable Counseling Associates:

Sue Montgomery, L.I.C.S.W.

616 Route 6A, Dennis, MA 02638

508-385-2550 x2

Accepts all insurances and MassHealth Plans; Works with, Play/Art/Sand Therapy, CBT, DBT, Psychotherapy, Mood Disorders, Anxiety, Trauma, Eating Disorders, Dual-Diagnosis, Behaviors, LGBT, OCD, Sexual Trauma, Borderline Personality, Families, Self-Esteem, PTSD, Depression, Relationships, Grief, Self-Harm, Bi-Polar Disorder, Dissociative Disorder, and Impulsivity.

Elaine Moraglia, M.S.W., L.I.C.S.W.

11 Cape Drive, Suite 2, Mashpee, MA 02649

508-269-2036

Specializes in working with the impact of serious illnesses as well as grief/loss.

Navigating ADHD, Inc.:

Tracey Bromley Goodwin, M.Ed.

Holly Oberacker, ATR, L.M.H.C.

1645 Falmouth Road Bayberry Square, Suite B2, Centerville, MA 02362

508-566-0242

www.navigatingadhd.com

Accepts Sliding Scale; Serves children ages four and up for Family and Child Education and Support.

Carol Nickerson, L.I.C.S.W.

915 Route 28, Harwich, MA 02645

508-432-5640

carolcapecod@outlook.com

Accepts BMC, NHP, and Private Insurance; Works with, ADHD, Adoption, Anxiety, CBT, Depression, Families, and PTSD.

Carol O'Connell, L.I.C.S.W.

(through Barnstable Center for Mental Health)

1025 Main Street, West Barnstable, MA 02668

508-362-4141

Accepts BMC, NHP, and Private Insurance; Works with, Anxiety, Grief, Depression, Mood Disorders, PTSD, and EMDR.

Allan Page, L.M.H.C.

184A Jones Road, Falmouth, MA 02540

508-548-1094

Accepts BMC, NHP, Harvard Pilgrim, and Private Insurance; Works with, Anger, Anxiety, Grief, CBT, Relationships, Depression, Families, LGBT, HIV/AIDS, Mood Disorders, PTSD, and Terminal Illness.

David Presnall, Ph.D.*(through the Psychiatric Collaborative Association)*

23 Baystate Court, Brewster, MA 02631

508-240-7964

30 Higgins Crowell Road, West Yarmouth, MA 02673

508-778-8580

Accepts Mass Health and Private Insurance; Serves children ages six and up for Neuropsychological Testing, Psychoeducational Testing, and CBT. Does assessments of Learning Disabilities, Mood Disorders, Neuropsychological Skill Deficits, Counseling, and Parent Consultations. Specializes in working with children with ADHD, PDD, Depression, and Anxiety.

Jenny Putnum, L.I.C.S.W.*(through Center for Family Therapy)*

2 Oak Street, Mashpee, MA 02649

508-539-0221

www.centerforfamilytherapy.net

Accepts Blue Cross, Tufts, Tricare, and Medicare; can work with out-of-network insurances; provides individual counseling to Adults and Adolescents; works with Grief, Relationship Issues, Depression, Trauma, PTSD, Psychodynamics, Theraplay, and EMDR.

The Psychiatric Collaborative Association*David Presnall, Ph.D.**Marilyn Reedy, L.M.H.C.**Ann Marie Muller, L.M.H.C.*

30 Higgins Crowell Road, West Yarmouth, MA 02673

23-25 Baystate Court, Brewster, MA 02631

508-240-7964

Accepts Mass Health and Private Insurance; Serves children ages three and up for Counseling and Neuropsychological Assessment. Services include Individual and Family Counseling, Parent Support, Anger Management, and Bereavement Counseling.

REACH Educational Services**Melissa Sheldon, M.Ed.****Christine Blake, M.Ed.**

1 Huckleberry Lane, Forestdale, MA 02644

449 Route 6A, East Sandwich, MA 02563

774-205-2237

www.reachedu.com

Accepts Sliding Scale; Serves children ages two and up for Educational, Social Skills, and Functional Behavioral Assessment, Social Skills Instruction, Positive Behavioral Support Plans, ABA, and Parent Training and Consultation. Provide services to those with Autism Spectrum Disorders, ADD, Non-Verbal Learning Disability, Bi-Polar Disorder, Tourette Syndrome, Communication Disorders, Down Syndrome, other learning disabilities, and related social pragmatic disorders.

Marilyn Reedy, L.M.H.C.*(through the Psychiatric Collaborative Association)*

30 Higgins Crowell Road, West Yarmouth, MA 02673

508-778-8580

23 Baystate Court, Brewster, MA 02631

508-240-7964

Accepts Network, MBHP, BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, Anxiety, ADHD, Behaviors, Bi-Polar Disorder, CBT, Depression, Medical Illness, Disabilities, PTSD, and Sexual Abuse.

Meredith Reilly, L.M.H.C.

411 Route 6A, Yarmouthport, MA 02675

774-722-9372

Accepts Network, BMC, NHP, Cigna, Fallon, Senior Whole Health, BCBS, ComPsych, Harvard Pilgrim, Optum Health, Pacificare, and United; Works with, CBT, Phobias, PTSD, Behaviors, Sexual Abuse, Trauma, Sexual Offenders, Families, Autism Spectrum, Anger, ADHD, Impulsivity, Depression, Domestic Violence, Eating Disorders, Narcissistic Personality, Opposition, Relationships, Self-Esteem, Sex Addiction, Anxiety, Coping Skills, Divorce, Learning Disabilities, Grief, OCD, Self-Harm, Teen Violence, Bi-Polar Disorder, Personality Disorders, Thinking Disorders, Dissociate Disorders, Mood Disorders, and Psychosis.

Elaine Rivers Aleo, L.I.C.S.W.

923 Route 6A, Yarmouthport, MA 02675

508-237-1197

Accepts Network, Harvard Pilgrim, and Private Insurance; Works with, Anxiety, ADHD, Autism Spectrum, Behaviors, Bi-Polar Disorder, Depression, Dual-Diagnosis, Eating Disorders, LGBT, HIV/AIDS, Medical Illness, OCD, Disabilities, PTSD, Postpartum Depression, Psychosis, and Pregnancy.

Al Roberti, L.M.H.C.

135 Massachusetts Route 6A, Unit 1, Sandwich, MA, 02563

774-462-5321

Accepts AllWays Health, BMC, Blue Cross, Community Care Coop., Fallon, Group Insurance Commission, Harvard Pilgrim, Optum, Partners HealthCare, Senior Whole Health, Steward, Tufts, Unicare, and United Health Care; provides individual counseling to Adults, Pre-Teens, and Adolescents; works with Anxiety, Trauma, PTSD, Behavioral Issues, Mood Disorders, LGBTQ+ Issues, CBT, CPT, and Play Therapy.

Leah Rowe, L.M.H.C.

Mashpee, MA, 02649

508-524-5135

Accepts insurance*. Provides Individual and Group Counseling for Adults; works with Addiction, Depression, Anxiety, Lifestyle Transitions, Behavior Change, Coping with Chronic Pain or Illness, Mindfulness, Stress Management, Motivation, and CBT.

Deborah Schwartz, L.I.C.S.W.

22 Steeple Street, Mashpee, MA 02649
508-477-0135

Accepts Aetna, BCBS, Celticare, Fallon, Medicare, Tufts, BMC, NHP, Cape Cod Health Care, Cigna, Harvard Pilgrim, Tricare, and United; Works with, Mood Disorders, Trauma, PTSD, Adoption, Behaviors, Depression, Domestic Violence, Grief, Relationships, Self-Esteem, Anxiety, Coping Skills, Divorce, Families, OCD, Sexual Abuse, Bi-Polar Disorder, Personality Disorders, and CBT.

Marie Segersten, L.I.C.S.W.

(through Barnstable Counseling Associates)

616 Main St, Dennis, MA, 02638
508-385-2550

Accepts Aetna, BCBS, and Cigna; Works with, Addiction, Adoption, ADHD, Anxiety, Phobias, Behavior Difficulties, Parent Support, and Victims of Abuse or Violence.

Ann Solomon-Schwartz, L.M.F.T.

(through Barnstable Center for Mental Health)

1025 Main Street, Route 6A, West Barnstable, MA 02668
508-362-4141 x114

Accepts Private Insurance and Sliding Scale; Serves children of all ages for Counseling: Play/Art/Sand Therapy, Psychotherapy, and Family Therapy. Specializes in children, teens, and young adults; particularly those with Asperger's and Autism Spectrum Disorders - incorporating cognitive behavioral techniques, Family Therapy, and Art Therapy in the treatment of children with ADHD, Anxiety, Depression, Family Transitions, Behavior, Grief, and Social Skills Problems.

South Bay Community Services

Cape Cod Mental Health Clinic

470 Main Street, Mashpee, MA, 02649
508-760-1475

www.southbaymentalhealth.com

Accepts MassHealth and Private Insurance; Serves children of all ages for Counseling and Medication Prescription and Management. Provide a continuum of services including Individual and Group Therapy, School-based Services, Crisis Intervention, and Emergency Services.

Audrey Tarplin, L.I.C.S.W.

320 Gifford Street, Falmouth, MA, 02540
774-541-2874

Accepts Aetna, AllWays Health, BMC, Beacon, BlueCross, Cigna, Fallon, First Health, Harvard Pilgrim, Health Net, Medicare, Optum, PHCS, TRICARE, Tufts, & United Healthcare. Provides individual and couples counseling for Adults. Works with Addiction, Anxiety, Depression, Trauma, PTSD, Divorce, Life Transitions, Relationship Issues, Grief, Women's Issues, CBT, MBCT, & SFBT.

Gary Tabor, Ph.D.

330 North Main Street, Falmouth, MA 02540

508-563-7493

garytaborpsych@gmail.com

**New clients, please reach out to Gary via email for information on consults.*

Accepts Private Insurance and Sliding Scale; Serves children ages five and up and families for Counseling. Works together with parents and children to address issues of Conflict and Communication Skills. Also specializes in work with children with Depression, Anxiety, ADHD, and School Issues.

Kevin Terrell, L.I.C.S.W.

2 Oak Street, Suite 201, Mashpee, MA, 02649

508-203-4705 x6

Accepts AllWays Health Partners, Beacon, Blue Cross, Fallon Health, Harvard Pilgrim, Medicare, Optum, Out of Network AETNA, Out of Network CIGNA, TRICARE, Tufts, & UnitedHealthcare. Provides individual, couples, and family counseling for adolescents and adults. Works with Addiction, Anxiety, Men's Issues, Impulse Control, Personality and Mood Disorders, Cognitive Disorders, CBT, and SFBT.

Kris Thoresen, L.I.C.S.W.

275 Millway Road, Barnstable, MA 02630

508-362-4416

Accepts all HMOs, BCBS, Harvard Pilgrim, Tufts, United, Aetna, Value Option, Fallon, and some Mass Health; Works with, Addiction, Anxiety, Phobias, Behavior Difficulties, Communication Disorders, Depression, Divorce & Blended Families, Eating Disorders, General Counseling, Grief & Loss, Parent Support, Physical Disabilities, and Victims of Abuse or Violence.

Deborah Vaughan, L.I.C.S.W.

(through the Psychiatric Collaborative Association)

12 Stone Horse Road, Osterville, MA 02655

30 Higgins Crowell Road, West Yarmouth, MA 02673

508-778-8580 x224

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children ages three and up for Counseling: Play/Art/Sand Therapy, CBT, Dialectical Behavioral Therapy, and Psychotherapy. Specializes in treatment of Depression, Anxiety, ADHD, Eating Disorders, Family Transitions, Behavior, Grief, and Addiction. Additional services include: Adoption, Divorce/Separation, Blended Families, and Attachment Disorders.

Waquoit Healing Arts Center:

Jane Beatty, L.M.H.C., AAT

Sarah Stevenson, L.I.C.S.W.

446 Waquoit Highway, East Falmouth, MA 02536

508-540-2323

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children ages five and up for Counseling. Specializes in children struggling with School Problems, Relational Issues, Anxiety, and ADHD. Animal Assisted Therapy is available. Have experts in the field of complicated grief in children and adolescents and in counseling children with life threatening illnesses and trauma. Perinatal loss support.

Beth Wechsler, L.I.C.S.W., M.S.W.

133 Falmouth Road, Mashpee, MA 02649
508-566-9304

Accepts Private Insurance; Works with, Addiction, Adoption, Anxiety & Phobias, Depression, Divorce, Eating Disorders, General Counseling, Grief & Loss, Learning Disabilities, and Parent Support.

Daniel Wyatt, MD

49 Harry Kemp Way, Provincetown, MA 02657
508-487-9395

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children of all ages for Counseling and Medication Prescription and Management. Provides family-centered, comprehensive treatment services in a family's home or other community based settings including: Mental Health Evaluation, In-Home Therapy, Parent Support and Education, Therapeutic Mentoring. Specializes in child and adolescent trauma treatment services, and S.A.G.E. classes required for divorced parents.

Ana J. Zick, LMHC

275 Millway, PO Box 860, Barnstable, MA -2630
774-238-2777

Accepts most insurances for psychotherapy services. - Spanish services offered as well.

Mental Health and Community Organizations:**Cape and Islands Children Advocacy Center**

5 Flint Rock Road, Barnstable, MA 02630
508-375-0410

www.childrencove.org

A freestanding, child-friendly facility designed to ensure that victims of child sexual abuse and their non-offending family members have access to support and services in a safe, respectful, and compassionate environment. They are committed to reducing the trauma endured by child victims, promoting accountability, fostering healing, and advocating on behalf of child victims of sexual abuse and physical abuse. Also provide phone consultation with parents who have concerns about sexualized behaviors and prevention.

** Referrals are made if a child discloses sexual abuse primarily by Law Enforcement (required to refer), and by DCF if necessary for the purpose of assisting with a criminal investigation.*

** Does not provide direct services.*

Cape and Islands Gay and Straight Youth Alliance

56 Barnstable Road, Hyannis, MA 02601
508-778-7744

info@cigysa.org

www.cigysa.org

Offers a range of supportive youth services for individuals ages 22 and under who identify as LGBTQ+; services include youth groups, meetings, social events, and advocacy.

Department of Mental Health

181 North Street, Hyannis, MA 02601

508-957-0900

www.mass.gov/orgs/massachusetts-department-of-mental-health

Accepts MassHealth and MassHealth ConnectorCare insurance policies. Provides a wide array of services (e.g., in home therapy, community case management, psychiatry, etc.) for children, adolescents, and adults who have a mental illness. Individuals and/or families must apply for enrollment and meet eligibility criteria to receive services.

** For more information on eligibility requirements, go to: www.mass.gov/service-details/am-i-eligible-for-dmh-services*

Department of Developmental Services

181 North Main Street, Hyannis, MA 02601

508-771-2595

www.mass.gov/orgs/department-of-developmental-services

Provides a wide array of services (e.g., family support, specialized supportive needs, and supplemental educational services) for children and adults who have intellectual or developmental disabilities.

Individuals and/or families must apply for enrollment and meet eligibility criteria to receive services.

** For more information on eligibility requirements, go to:*

www.mass.gov/dds-eligibility-services

Health Imperatives

1019 Iyannough Road, Hyannis, MA 02601

350 Gifford Street, Unit W-20, Falmouth, MA 02540

Hyannis Family Planning: 508-771-8010

Cape Cod WIC Nutrition: 508-771-7896

Cape Cod & Islands Healthy Families: 508-540-2968

www.healthimperatives.org/cape-cod

Offers a variety of services, including sexual and reproductive health services for families, nutrition education and assistance for parents and families receiving WIC support, and other resources surrounding child and family education and transportation needs on the cape.

** For more information on covered services, please see their website.*

Independence House

160 Bassett Lane, Hyannis, MA 02601

(Additional locations in Falmouth, Orleans, and Provincetown, MA)

508-771-6507

Hotline 508-439-6507

Providing free and confidential specialized services and programs for adults, adolescents, and children (6 years and up) affected by domestic and sexual violence.

Mass 211

x211 (Quick Dial)

877-211-6277

www.mass211.org

State service offering resources for individuals in Massachusetts; offers information about or resources for mental health, child requiring assistance (CRAs), early education, child care, emergency/disaster relief, runaway assistance, and veteran services. Their website also has a search engine for a variety of resources located across the state.

NAMI – National Alliance on Mental Illness***NAMI Mass***

The Schrafft's Center, 529 Main Street, Suite 1M17, Boston, MA 02129

www.namimass.org

NAMI Cape Cod & The Islands

5 Mark Lane, Hyannis, MA, 02601

www.namicapecod.org

Non-profit organization offering supportive, educational, and advocacy programs to children and families who are impacted by mental illness and neurological disorders.

Parents Helping Parents of Massachusetts

108 Water Street, Watertown, MA 02742

Office: 617-926-5008

Parental Stress Helpline: 800-632-8188

www.parentshelpingparents.org

Offers a variety of supportive services for parents managing stress and raising children; services include support groups and a toll-free helpline for assistance.

** Please see their website for more information.*

Safe Helpline

Helpline: 877-995-5247

www.safehelpline.org

Offers resources and support for individuals, families, and colleagues experiencing sexual assault or who are in transition back to civilian life following military service.

Samaritans on Cape Cod and the Islands

P.O. Box 65, Falmouth, MA 02541

Office: 508-548-7999

Crisis Helpline: 508-548-8900 | 800-893-9900

Statewide Helpline: 877-870-4673

info@capesaritans.com

www.capesamaritans.com

Offers support groups, education, and emotional support helplines for individuals, family members, or colleagues who are feeling lonely, depressed, or suicidal.

Walden Behavioral Care

310 Barnstable Road, Unit 204, Hyannis, MA, 02601

General Information: 888-305-2997

Admissions: 888-791-0004

www.waldeneatingdisorders.com

Accepts most private insurances and managed MassHealth products. Offers adolescent and adult partial hospitalization (PHP) and intensive outpatient (IOP) treatment programs for individuals; treatment is specialized to focus on eating disorders.

** Please see their website for more information on their admissions process.*

Postpartum Depression Resources:

The Cape & Islands Maternal Depression Task Force

Coordinator: Mary Wilson

508-314-4776

marywilsonearlyedconsult@yahoo.com

24/7 Stress Line: Parents Helping Parents

1-800-632-8188

Postpartum Support International

Helpline: 1-800-944-4773

www.postpartum.net

MCPAP for Moms

855-666-6272

www.mcpapformoms.org

Diane Litton, LMHC

Falmouth Family Counseling, 508-548-2947

Elaine Moraglia, LICSW

Mashpee, 508-269-2036

Kate McHugh, MBA, LMHC, LADCI, CEAP, LSAC

Osterville, 508-540-8833

Daniel Wyatt, MD*

Provincetown, 508-487-9395

Betsey Edwards, LICSW

Marstons Mills, 508-420-1215

Ana J. Zick, LMHC

Barnstable, 774-238-2777 (Spanish services as well)

Ann Marie Muller, LMHC**(through the Psychiatric Collaborative Association)*

Psychiatric Collaborative (medication prescribers) Brewster/W. Yarmouth, 508-240-7964 x219

Carol Nickerson, LICSW

Chatham, 508-432-5640

Mary Wright, RNCS

Eastham, 617-686-2295 (provider and prescriber)

Martha's Vineyard Hospital*Main Number: 508-696-7294*

Info. about therapists, prescribers and other services.

Nantucket Cottage Hospital*Main Number: 508-825-8100**OB Unit: 508-825-8228*

Info. about therapists, prescribers and other services.

Nancy Rappaport, LMHC

Nantucket, 508-783-8841

Deborah Issokson, Psy.D.*2 Columbia Road, Pembroke MA, 02359**617-314-9571**www.reproheart.com***Margaret Howard, PhD.***(through Women and Infants Day Hospital)**2 Dudley Street, Providence, RI, 02905**401-274-1122*

Offers a day program for postpartum depression that includes baby.

Cape Behavioral Health Center*(a division of Northeast Health Services) ***310 Barnstable Road, Suite 201, Hyannis, MA 02601**508-862-0514**134 Ansell Hallet Rd., West Yarmouth, MA, 02673**774-470-2290*

Home based assessments/therapy available throughout Cape, all Masshealth products accepted.

Office based therapy and medication management also available.

Accepting MassHealth and Commonwealth Care Alliance insurance products.**Special thanks to the following for their support in developing this directory:******Sandwich Partnership, Sandwich Public Schools, JRI & the Cape Maternal Depression Task Force.***